Kids and Wheeled Sports Safety

Every hour, nearly 50 children

visit emergency departments with an injury related to bikes, scooters, skates or skateboards.







sports.

Serious head injuries (concussions, internal injuries and fractures) made up 11% of ED visits across the four wheeled sports.

shoulder, arm, elbow, wrist or hand were the most frequent diagnoses for hospital admissions.

19%

Fractures to the

19% of hospital admissions for scooter injuries to children in 2015 were because of a head injury.

Almost 40% of parents of children ages 5-14 years indicated that their child did not always wear a helmet when participating in one of the four wheeled

Among parents who say they always wear a **helmet** when riding a bike, 86% say their child also does. However, among parents who say they never wear a helmet, only 38% say their child always does.



Reasons why parents report their children do not always wear a helmet:

Parents think area is safe/View child as experienced/Don't see helmets as necessary.



Child finds helmet uncomfortable.

Other kids don't wear one.

Child thinks helmets aren't cool.

Top Tips to Keep Kids Safe on Wheels

- All riders should wear a properly-fitted helmet. It is the best way to prevent head injuries and death.
- Ensuring correct fit of a helmet can increase comfort and use.
- Knee pads and elbow pads are recommended for scooters, skaters and skateboarders. Wrist guards are also recommended for skaters and skateboarders.

