

Suicide Prevention Resources

Be a lifesaver



Visit

Your Primary Care Provider
Mental Health Professional
Walk-in Clinic
Emergency Department
Urgent Care Center



Find a Mental Health Provider

findtreatment.samhsa.gov
mentalhealthamerica.net/finding-help



National Suicide Prevention Lifeline

1-800-273-TALK (8255)
Veterans: Press 1



Text TALK to 741741

Text with a trained crisis counselor from the Crisis Text Line for free, 24/7



Call 911 for Emergencies

