

## Halloween

What's the first thing that comes to mind when you think of October? For most children, they think of Halloween! Here are reminders for this fun time of year:

- **Plan costumes that are bright and reflective**
  - If your child has a "dark" costume, you could always add reflective tape to their candy bag to help with visibility.
- **Make sure the costume fits well**
  - Any drooping or dragging will make it hard for walking and easy for tumbles!
- **Always accompany children on their candy rounds**
  - Have a planned route to take. Preferably a route that's familiar to everyone. It's also a good idea for everyone in the group to have flashlights.
- **Only go to homes with a porch light on**
  - Homes without porch lights on may be out with their own trick or treaters!
- **Remember NO treats while trick or treating**
  - The safest option is to wait until you're home so you can sort through the candy. You want to check for any spoiled, open, or suspicious items.

**The CDC recommends social distancing and normal cloth masks! Check out their website for more info! <https://www.cdc.gov/>**



## Fire Prevention

### Fire Prevention Week 10/4-10/10

October is quickly approaching which means so is Fire Prevention Week.

The theme for Fire Prevention Week this year is: Kitchen Safety! Cooking is actually the #1 cause of home fires and home fire injuries.

Remember that when cooking, you should stay IN the kitchen. Fires can start very quickly so it's best to monitor your food the whole time while cooking.

Always make sure to keep a lid nearby to smother grease fires. In case of a fire, put the lid on top of the pan, and turn the stove off. Leave the lid on the pan until it cools off. In case of an oven fire, shut the door and turn the oven off.

Keep anything that could catch fire away from the stove and any electrical outlets. It's best to keep children out of the kitchen while cooking. If not possible, keep the children away from the stove and turn pot handles inwards. This way, children are unable to reach them.

