December 2022 I Issue 43

SAFE KIDS SOUTHERN TIER NEW YORK

NEW PARENT NEWS

The monthly newsletter of Southern Tier Health Care System

18 Months

Milestones:

- Tries to say three or more words besides “mama” or “dada.”
- Follows one-step directions without any gestures, like giving you the toy when you say, “Give it to me.”
- Copies you doing chores, like sweeping with a broom.
- Walks without holding on to anyone or anything.
- Looks at a few pages in a book with you.
- Helps you dress them by pushing arm through sleeve or lifting up foot.

If your child is not meeting one or more milestones, has lost skills he or she once had, or you have other concerns, act early. Talk with your child’s doctor, share your concerns, and ask about developmental screening.

Southern Tier Health Care System Inc.

Car Seat Safety

Winter car rides are here, know how to keep your children safe in their car seat.

- For car rides, dress your child in thin, close-fitting layers. Do not outfit them in heavy winter layers before putting them into a car seat. Any extra padding and fluffy layers should not be worn or placed around the child’s body before the straps are secured.
- For infants and younger children, secure the child first in the car seat wearing only form-fitting, light layers. Then swaddle the infant in layers of blankets over the straps.
- For older children, after securing your child in the car seat, use blankets or backward coats.