



Medicine or Candy

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Sometimes it's difficult to tell the difference.

Medicines are the leading cause of child poisoning which makes thinking about medication safety in your home especially important.

Save the Poison Help number in your phone and post it visibly at home: **1-800-222-1222**. Specialists at poison control centers provide free, confidential, expert medical advice 24 hours a day. They can answer questions about how to give or take medicine and help with poison emergencies.

For more medication safety tips [click here](#).

Watch and Win

Do you know if your child's bike helmet fits properly? Do you know who can assist you with car seat questions or ensure your baby is strapped in safely? Do you know the symptoms of Postpartum Depression?

If you want answers to these questions then check out the Safe Kids Southern Tier New York WATCH AND WIN event!

Go to [our website](#) between August 3-16, watch a 2-3 minute video and enter for a chance to win many great prizes like diapers, a car seat, an Amazon gift card and much more.

