



## Hearing Development

**From birth**, babies react to sounds by startling, changing movements, becoming quiet, or changing facial expressions. They may also recognize voices of caretakers.

**By around 2 months**, most babies get quiet when they hear familiar voices and make vowel sounds like ah or ohh.

**Between 4 and 6 months**, babies start to look for the source of a sound. They enjoy rattles and other toys that make noise.

**Between 7 and 12 months**, babies typically make babbling sounds, imitate simple words and sounds, and respond to their own name or someone's voice even when it isn't loud.

**By your baby's first birthday**, they'll understand some words, follow simple requests such as "wave bye-bye," and use single words like "mama" and "dada."

Talk to your doctor if you're concerned that your baby isn't reaching typical developmental milestones.

## Tips for new Grandparents

Becoming a grandparent is a new and exciting change in your life, but it doesn't come without challenges. Set the stage for a smooth relationship with your children and grandchildren, stay positive, and be flexible. Respect your children's boundaries and their rules. Possibly most importantly – offer to help! Ask what the new parents need and how you can get involved to make their lives easier. Remember that parenting styles change, and what was best for your kids might not be what is best for theirs.

