

Dementia Caregiver Support Groups

Support groups are a safe, confidential supportive environment where you can gain emotional, educational and social support. Share techniques that work for you and get new ideas from your peers.

To register call **1.800.272.3900** or visit **alz.org/CRF**.



In Person Support Groups

Albion **Coming in June 2022**

6:30-7:30 p.m.

1st Wednesday of the month
Arnold Gregory Building, 2nd floor
243 South Main Street

Amherst

6-7:30 p.m.

Second Tuesday of the month
Dent Neurologic Institute
3980 Sheridan Drive

Masks are required

Batavia

1-2 p.m.

Third Thursday of the month
Genesee County Office of the Aging
2 Bank Street

Belmont

1-2:30 p.m.

Third Tuesday of the month
Allegany County Office for the Aging
6085 NY Route 19

Chautauqua County Dine 'n' Dish

9:30-11 a.m.

Second Tuesday of the month
Meets at a restaurant in North
Chautauqua County each month. Call
Jennifer at 716.753.4782 for details.

East Aurora

10:30-11:30 a.m.

Fourth Wednesday of the month
Baker Memorial Methodist Church
345 Main Street

**Free respite may be available. Call
716.626.0600 x313 for details.**

Hamburg

10:30-11:30 a.m.

2nd Wednesday of the month
Hamburg United Methodist Church
116 Union Street

**Free respite may be available. Call
716.626.0600 x313 for details.**

Jamestown

12:15-1:45 p.m.

4th Tuesday of the month
Christ First United Methodist Church
663 Lakeview Avenue

Kenmore **Coming in June 2022**

11 a.m.-Noon

First Tuesday of the month
Kenmore United Methodist Church
32 Landers Road

Lockport

10:30-11:30am

Second Tuesday of the month
Trinity Lutheran Church
67 Saxon Street

**Free respite may be available. Call
716.626.0600 x313 for details.**

Orchard Park

6-7 p.m.

Second Tuesday of the month
Dent Neurologic Institute
200 Sterling Drive
Masks are required

Salamanca **Coming in May 2022**

9:30-10:30 a.m.

Third Tuesday of the month
Salamanca Area Senior Center
20 Main Street

Warsaw

10-11 a.m.

First Monday of the month
Wyoming County office of the Aging
8 Perry Avenue

Specialty Groups

Daughters' Group

Virtual and In-Person
5-6:30 p.m.

Second Wednesday of the month
6400 Sheridan Drive, Suite 320,
Amherst

Men's Group

Virtual and In-Person
7-8 p.m.

First Monday of the month
6400 Sheridan Drive, Suite 320,
Amherst

Wives' Group

Virtual and In-Person
3-4 p.m.

Second Wednesday of the month
6400 Sheridan Drive, Suite 320,
Amherst

Frontotemporal Dementia (FTD)

Virtual and In-Person
6-7 p.m.

Second Wednesday of the month
6400 Sheridan Drive, Suite 320,
Amherst

Lewy Body Dementia (LBD)

Virtual and In-Person
6-7 p.m.

First Tuesday of the month
6400 Sheridan Drive, Suite 320,
Amherst

4.11.22

**Groups may be cancelled or moved to Zoom if
public health conditions change. Please register online at
alz.org/CRF or call 1.800.272.3900 before attending a group.**

Dementia Caregiver Support Groups

The following Support Groups are held via Zoom. Participants may join online or by phone, including landline. Need a tech tutorial? Call 716.626.0600 x 313.

Pre-registration is required for all groups. To register call 1.800.272.3900 or visit alz.org/CRF.

Virtual / Phone Support Groups

Note: Group names refer to former in-person locations. There are no residency requirements to join.

Cheektowaga/Depew
7-8:30 p.m.

Third Thursday of the month

Elma
6-7 p.m.

Third Tuesday of the month

Lewiston
6:30-7:30 p.m.

Second Wednesday of the month

North Tonawanda
1-2 p.m.

Third Wednesday of the month

Open WNY Virtual Groups
6-7 p.m.

First Wednesday of the month

6:30-7:30 p.m.

Third Monday of the month



Some of our groups are transitioning back to in person as public health conditions improve. Please call for updates.

Specialty Groups

Black / African American Group
5:30-7:30 p.m.

Third Thursday of the month

Daughters' Group
Virtual and In-Person
5-6:30 p.m.

Second Wednesday of the month

Virtual Only

6:30-7:30 p.m.

Fourth Monday of the month

Men's Group
Virtual and In-Person
7-8 p.m.

First Monday of the month

Virtual Only

7-8 p.m.

Third Monday of the month

Wives' Group
Virtual and In-Person
3-4 p.m.

Second Wednesday of the month

Frontotemporal Dementia (FTD)
Virtual and In-Person
6-7 p.m.

Second Wednesday of the month

Lewy Body Dementia (LBD)
Virtual and In-Person
6-7 p.m.

First Tuesday of the month

Loved One in a Care Facility
6-7 p.m.

Fourth Thursday of the month

Younger-Onset Care Partners
6:30-7:30 p.m.

Second Monday of the month

Time Limited Groups

Art & Support for Care Partners

4-session, beginner-friendly group offered twice per year. Relieve stress and discuss your experiences while making art. Free art materials may be mailed to those who need them. Call or email program.wny@alz.org for details.

Book Clubs

New group and new book every few months. Free book mailed to all participants. Now offering afternoon and evening clubs. Call 716.626.0600 x 313 for details.

After the Long Goodbye: A Group for Recently Bereaved Caregivers

Meet others who are grieving someone who had dementia and are navigating life after caregiving. This 6-session group is offered twice per year in partnership with the Wilson Support Center (an affiliate of Hospice Buffalo). Call 716.626.0600 x313 for details.

Grupo de Apoyo virtual en Español

3er jueves del mes, 4 p.m.

3er sabado del mes, 11 a.m.

Para registrarse por favor llamar al 800.272.3900.