



## What is consent?

“**Consent** is based on **choice**. Consent is active, not passive. Consent is possible only when there is **equal power**. **Giving in** because of **fear** is **not consent**. Going along with something because of **wanting to fit in** with the group, **being deceived**, or **feeling bad** is **not consent**. If you **cannot say “no”** comfortably, then **“yes” has no meaning**. If you are unwilling to accept a “no,” then **“yes” has no meaning.**”

Sexual Assault  
Awareness Month

**If you have been sexually assaulted, you are not alone.**

Come to a **SAFE** place

Southern Tier Health Care System created the Sexual Assault Forensic Examiner (SAFE) program to provide victims of sexual assault with confidential and compassionate care. SAFE centers are located in the Emergency Departments at Olean General Hospital, Jones Memorial Hospital and WCA Hospital.

**Olean General (716) 373-2600 Jones Memorial (585) 596-4011**

**WCA Hospital (716) 487-0141**